

The USAFP – 50 years of Excellence

John P. Fogarty, MD
Col (ret.) MC US Army
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Las Vegas, NV



Objectives

- ➤ Provide an overview of the early years of Family Medicine and the USAFP and recognize some of the early leaders
- ➤ Share the leadership roles the USAFP has had on family medicine and the military
- > Reflect on the changes in Medicine over 50 years



Questions?

What year was the USAFP Founded?

Where were the first meetings?

How old is the USAFP?



Established 1974 – First Meeting 1975



What Has Not Changed

- One of the largest chapters in the AAFP
- Certainly, the most geographically diverse
- A commitment to our service members and families
- World class training programs and superb early training for graduates
- Preparing leaders for military and civilian medicine
- The best annual meetings each year

What Has Changed

- Residency programs / locations
- Fellowships
 - Sports Medicine (Pendleton, Travis, USUHS)
 - FM OB Ft. Hood, Camp Lejeune
 - Faculty Development Madigan AMC
 - Clinical Informatics Madigan AMC
- Next generation of leaders
- Proof of the value of FM in wartime
 - Gulf War 1991
 - **GWOT 2003 present**
- Leadership at all levels by USAFP members

Standard of Living - 1975 vs. 2025

	1975	2025
Median income	\$11,800	\$44,000
Unemployment	8.4%	3.6%
Avg New House	\$35,000	\$420,000
Avg. new car	\$3,800	\$35,000
Minimum Wage	\$2.10	\$13 (FL 2024)
Public College	\$1,800	\$42,000
Dow Jones	4938 (5/75)	44,733 (12/24)
Gasoline	\$0.59 / gal	\$3.43 / gal (9/24)
Postage stamp	13 cents	73 cents (12/24)

Notables 1975

- Consumer Goods: Basic appliances (refrigerators and televisions) widely available, personal computers were very rare.
- **Healthcare:** Access to healthcare was less comprehensive than today, with higher out-of-pocket costs for many individuals.
- "Jaws" kicked off the era of the summer blockbuster
- Microsoft was founded
- The mood ring was invented
- A dozen eggs cost 77 cents (\$3.65 11/24: > \$ 8 today??)
- Bought my first house \$58,900 2600 sf townhouse Lorton VA
- Captain / intern making $\sim $12,000$ / yr. qualified for mortgage only with my wife working as nurse \$8,000 / yr.

When I was an Intern - 1975

- Medical records Paper / chart racks on Rounds / labs posted in chart
- POMR (SOAP) Larry Weed lead the way
- X-rays on hard films / stored in file rooms transport films to rounds
- Carried a beeper messages to call in the car had to find a pay phone
- No CT or MRI OB US was early
- Antibiotics were limited one class of cephalosporins
- Hypertensive meds no CCB's /ACEI's / ARB's
- Vaccines changed the landscape of Peds (we saw measles, chicken pox, H. Flu Meningitis)
- OB EFM becoming standard of care
- Standards and Guidelines were limited
- No smartphones / Apps / carried books (WM)



Technology changes

• How to call you?









• How you diagnose?





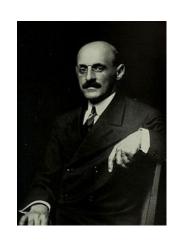


CT – late70's

MRI – late 80's

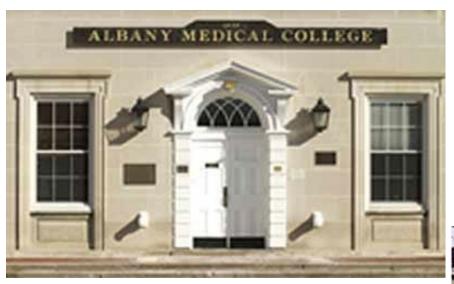
POCUS - 90's

The Flexner Report 1910



- All "proprietary" schools closed, and medical schools connected to universities.
- 1904 160 MD schools; 1935 66 MD schools
- The Flexner Report narrowed medical schools' interests to disease, not on the system of health care or society's health.
- Preventive medicine and population health were not considered key
- Education became hospital based
- Institution based teachers and rise of biomedical research

Albany Medical College 1971 - 1975





One of the earliest medical schools in the US.

Private - affiliated with Union University



Inventing Family Medicine

- Reaction to the "disease-based model"
- Overemphasis on specialization post WW II
- A "counter-culture" movement
- Not a "GP" 3-year FM residency with board certification / recertification
- ABFM founded 1969
- Focus on community-based care
- Rapid development of residency programs

Back to the Future

• There was a time, even before my time, when compassion was the only tool doctors had to heal. They sat at bedsides and listened. They made house calls and supported patients and their families.

Dr. Richard I. Levin, Arnold Gold Foundation President and CEO, Keynote speech at the AMSA Convention, February 23, 2017



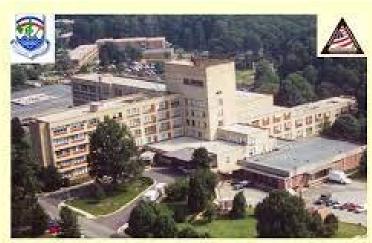
The Doctor Samuel Fildes, 1893

American Board of Family Medicine



- Founded in 1969 Nikitas Zervanos, MD
- First ABMS Board to require recertification
- 1975 chart audit requirement (practice performance)
- 1990's CAQ's (SM and Geriatrics) must maintain primary certification
- 2000's MOC across all ABMS specialties
- 2017 CKSA's quarterly
- 2018 work to redesign FM residencies
- As of 2025, > 108,000 Diplomates, the second largest specialty (behind all of IM)

DeWitt Army Community Hospital 1975-1982



DEWITT ARMY HOSPITAL Fort Belvoir, VA

Resident
Chief Resident
Clinic Director
Program Director

A T Augusta Military Medical Center 2025







alamy

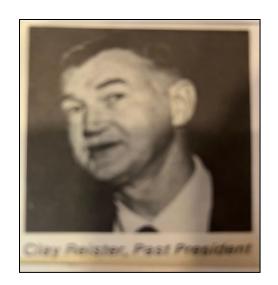
WASHINGTON

First Generation of Family Medicine

- Early teachers were community based
- Young, < 15 years in practice, little teaching</p>
- Either from other specialties or "GP's"
- No early faculty development
- Motivated to replace themselves and leave a legacy
- Research was not emphasized
- Communication and writing about education
- Scholarship defined by other disciplines

H. Clay Reister III, MD

- Prior service, Infantry USMC
- Pediatrician BC in Peds and FM
- Pediatrician at Ft. Benning and Letterman
- Founding Chief of FP at DeWitt AH residency
- Army SG Consultant for FM
- Charter member and past president USAFP
- Faculty ETSU COM FM, 1981-86
- ETSU Quillen COM Graduation Award Endowment Established



David G. Doane, MD



- Prior Navy, lost in son in Vietnam (MOH)
- OB-GYN private practice in Walton NY
- Closed his medical practice, joined the Army MC and stationed at the Pentagon.
- First FP Consultant to USA Surgeon General
- Past President, Co-founder USAFP
- Commander DACH, 1977-1980
- ETSU FM Department Chair 1981-1995.
- Died May 26, 2014 full military honors, Arlington National Cemetery

USAFP - Early History

- 1972-74 early discussions on a military chapter state chapters required licenses
- Lobbied AAFP many states not in favor
- Formative meeting held at DeWitt ACH in Feb 1974.
 Attendance A- David Doane, Clay Reister, AF Jerry Telles, Chris Marquart, N Charles Belisle, Bob Higgins, PHS Tom Howe AAFP Tom Lucas, Counsel Mike Miller
- May 1974 first meeting of the USAFP at Andrews AFB
- Fall 1974 AAFP Meeting in LA passed HOD, along with other "constituencies" (resident and student)
- 1975 first "official" USAFP meeting Charleston SC
- 1976 Ft. Benning agreed to move meetings to Spring

Early History

- 1977 Andrews AFB 1st meeting research presented
- 1978 Jacksonville Hilton 1st meeting NOT at military base
- 1979 Jekyll Island nominated Bob Higgins / Warren Jones for AAFP Committees, "Jekyll Jog" fun run
- 1980 Meeting Ft. Worth. > 1000 members. Committed to Bob Higgins to run for AAFP BOD
- 1981- Meeting in Memphis Mike Scotti, President
- 1983 Crystal City VA Dr. Higgins to run as Presidentelect of AAFP. Elected at AAFP meeting in Miami that fall.
- 1986 Mike Scotti elected Vice Speaker of AAFP COD

Michael J. Scotti, MD MG, USA

- MD, Georgetown University SOM
- Vietnam veteran, Bronze Star for valor
- Residency IM, Brooke AMC, BC in IM and FM
- Chief of FM / Program Director at EAMC (76-79)
- Army FP Consultant to SG (79-80)
- Director Army GME, OTSG (BG)
- Commander VII MC, Europe during Desert Storm '91
- USAFP President / AAFP COD Vice Speaker / Speaker
- Retired 1996 VP Medical Education for the AMA / Senior VP for Professional standards
- Died 2007, WRAMC from complications from leukemia
- USAFP Michael J. Scotti, MD, FP of the Year Award



Robert W. Higgins, MD RADM, USN

- > Served in the Navy during Vietnam
- > Private practice in Wenatchee, WA
- > Returned to Navy service 1972
- > Earliest military residency programs
- > First Residency PD at Bremerton
- Commander, Pendleton NH, promoted to Rear ADM, Medical Officer, USMC
- > Deputy SG, US Navy, Retired in 1993
- > Co-founder USAFP
- > 1st Delegate from USAFP to AAFP HOD
- > AAFP President
- **WONCA President**



Dr. Higgins Reflections - 1982 USAFP contributions to the AAFP.

- The AAFP emphasis on member research was patterned after efforts in the USAFP.
- USAFP youngest average age of any AAFP Chapter
- USAFP the first chapter to feature a Scientific Assembly where most lecturers were family physicians.
- The USAFP the 10th largest chapter in the AAFP.
- The AAFP leadership regularly emphasizes that the USAFP meeting is the most popular chapter meeting for them to attend.

Martin Army Community Hospital 1985-89

1958



Chief, FM, Program Chair Chief, FM and Community Medicine DCCS

First Army FP Program 1972

2009





2nd Generation of Family Medicine

- > Early graduates of first residencies
- > Less practice experience than the first generation
- > Teaching without formal faculty development
- ➤ Had + role models for their teaching careers
- Emphasis on a community-based model of medical education (offices / community hospitals) where they trained
- ➤ Motivation to sustain the community model
- > Specialists dominated teaching roles

Warren A. Jones, MD



- Graduated 1978, LSU SOM
- FM Residency Naval Hospital Pensacola
- Chair of FM NH Charleston, 28 Years Navy service
- Last assignment Medical Director for Navy TRICARE
- 1997 Elected to BOD AAFP; 2000 –President-elect
- AAFP President 2001 AAFP first Black President / first military trained FP to become AAFP president
- University of Mississippi Medical Center, FM Chair Emeritus
 - Associate Vice Chancellor for Health Affairs
 - Deputy Director, Mississippi AHEC
 - Founded and established the Mississippi Institute for Improvement of Geographic Minority Health and Health Disparities (MIGMH) secured approximately \$38 million for MIGMH and its constituent programs.
- Lead the State of Mississippi Medicaid Program
- Chief Health Officer Hampton University

Continued USAFP History

- 1988, the USAFP changed management Phenix Corporation, Richmond VA
- The newsletter expanded to a three-color full-page format, thanks to a grant from Lederle Corporation.
- 1991 Newsletter Editor funded attendee at BOD meetings. Newsletter doubled in size, in-depth committee and consultant reports, educational articles - Madigan fellows.
- 1995 Newsletter Editor Vice President's position,
- 1992 USUHS Student member added to BOD
- 1992 Announced the formation of a USAFP Foundation
- November 1994 USAFP victim of embezzlement

Operation Desert Storm



- Aug. 2, 1990, Iraq invaded Kuwait, occupied the capital, Kuwait City
- Jan 1991, UN resolution demanding withdrawal
- Feb 28, 1991, 6 weeks of Air / 100 hours ground campaign, President Bush declared Kuwait liberated
- Multiple military FM docs deployed
- 1991 USAFP March Meeting canceled at Opryland
- Support from all State Chapter Execs
- Officer terms extended for 2-year terms

USAFP Executive Support

- John Hinckley hired as EVP 1979
- Management changed to the Phenix Corp 1988
- HQ in Richmond, VA
- 1995 informed that Jerry Wilhoit was "missing" turned out to be a faked death
- USAFP lost most of its' assets / USAFP Foundation insolvent
- Jeannette South-Paul / Ken Franklin stepped up
- Terry Schulte / Kristie Duncan VAFP retrieved the electronic and stored files at USAFP HQ
- VAFP / USAFP strong relationship since
- Terrence J. Schulte Memorial Medical Student Scholarship
 - Executive Director 1995-2015

More Recent USAFP History

- 2001 (San Diego) 2002 (Orlando) first with > 500 attendees
- 2002 Inaugural resident leadership workshop Dr. Maureen Padden.
- 2003 Seattle meeting canceled due to Operation Iraqi Freedom officers transitioned without meeting Dr. Bob Kiser to Dr. Phil Volpe
- 2003 Creation of Information Technologies Committee and access to Operational Medicine Website link
- 2004 Move away from paper for syllabus and meeting program
- 2005 Development of Future of Military Family Medicine document
- 2003- ?? GWOT several meeting chairs planned the Annual Meeting while deployed
- 2006 Hurricane Katrina moved from N.O. to Chicago
- 2008 Former USAFP presidents Lori Heim and Ted Epperly President-Elect and President of the AAFP.
- 2008 2LT Brooke Sciuto became the first ever USUHS student to run for a student board position with the AAFP

USAFP Presidents – Flag Officers

- Bob Higgins, 1976 N
- Mike Scotti, 1981 A
- David Frost, 1986, N
- Jeff Clark, 2001 A
- Bob Kiser, 2003 N
- Phil Volpe, 2004 A
- Mary Krueger, 2010 A
- Mike Place, 2013 A





USAFP Member Leaders / Flag Officers

Army	Navy	Air Force
Ogden Dewitt	Rich Jeffries	Jim Roudebush
Darrell Porr	Clint Adams	Bruce Green
Dan Perugini	Kevin Brown	Mark Ediger
Ken Farmer	Michael Anderson	Mark Koeniger
Lester Martinez-	Steven Hart	Dan Wyman
Lopez		
Jeff Johnson	Robert Hufstader	Tim Jex
Mike Place	Ken Iverson	John Andrus
Telita Crossland	David Lane	Dick Tubb
Andrew Landers		Jerry Harmon

USAFP Member Leaders / Flag Officers

Army	CG / PHS
Lance Rainey	Mark Tedesco
Ned Bailey	Paul Higgins
Darrin Cox	Dawn Willey
Jeff Johnson	Sarah Linde



USAFP / AAFP Leaders AAFP



- Bob Higgins, N, AAFP Pres. 84-85, WONCA Pres.
- Mike Scotti, A, AAFP Vice Speaker, AMA VP for Ed
- Warren Jones, N, AAFP President, 01-02
- Ted Epperly, A, AAFP President, 08-09
- Lori Heim, AF, AAFP President, 09-10
- Ada Stewart, A, SC USAR, AAFP President, 20-21

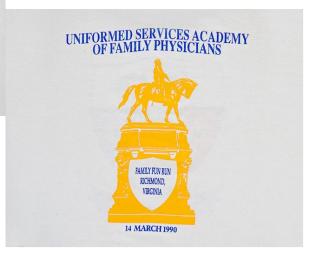
Early "Fun Runs"

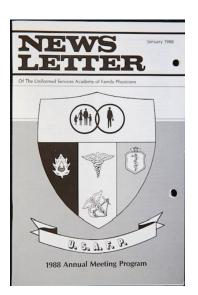




1988 FUN RUN SALT LAKE CITY, UTAH











From The President . . .

From The President.

There is 6000 NWB to report from the president office. For floor who although the Sevent Scientific Advantage of the Sevent Scientific

Newsisters:
We are fully committed to premoting Bod Higgins'
We are fully committed to premoting Bod Higgins'
Campagn for A.A.F.P. Board of Directors in New Orleans,
in October. We need your support and urge you to come
early to help in the promotion on Finday, Saturday, and
Sunday, Bot has served externeily well in every office and
on many committees at Chapter and National level. He is
well-known and well-liked, but there is wholesome comwell-known and well-liked, but there is wholesome com-

were known and workers, but mere is whoseporte com-petition, so we need your help.

I pledge my efforts to serving you well this year. Your support is warmly solicited and I would like to see each member bring one new member in this year.



Plan Now to Attend the 32nd Annual Scientific Assembly New Orleans, Oct. 6-9, 1980 With Special Family Events, Oct. 5-8 in Conjunction with AAFP's WONCA Ninth World Conference on Family Medicine

Newsletters



The Uniformed Family Physician THE SPRING 1990 NORMALTTER OF THE UNITED SERVICES ACADEM OF FAMILY PRIN



THE PRESIDENT'S MESSAGE

are now in our 17th year of activities, and camapalesic were, as usual, superburid reflect all the hard work by the

thanks to Kevin Johns and The Phenix Corporation for all the behind the scenes bard work that made the meeting run so smoothly. Congratalmons on an excellent, professional, and well-attended excelling

Checken, processional, and were all made fracting.

I have the opportunity to take over an your procider during very "interesting" since, A year of finally succeeding with the MORB is quickly followed by major questions about the size of the force, the threat of major base and hospital closures, and the size of graduate medical education for the future. These are all question that cannot be answered individually. We have on orthat cannot be accovered individually. We take as to-gamination, the USAPP, and fine leadership in all of the service medical departments to voice our regularist of pe-lective visions for the future. Your committees have all been tasked with determining their goles in using bug organization to represent our agreems to the Department next few years. Please perioripag in this phones through your consolators, your elected beard reported through your consolators, your elected beard reported force, and myself. The transcaston energy and visuals food? that was pulpable at the Richmond meeting is what

Thunk you for the confidence that you have placed in me as your president. I hope to hear your ideas from all over the world this year to help our specialty continue to grow and serve the military family. Our growth arry Johnson and Tom Miller and increasing popularity in the last five years is a direct or their outstanding around receiving. The CME, appared passing on a daily basis. Be active in your advocacy for gazade on a daily basis. De active in your advocacy for body your patients and your specialty, share experience and expertise with your passer colleagues and through our commission structures, and present and publish your indovations and contributions to quality patient care. Please call or write if you have specific issues or concerns to share. Our Executive Committee will meet this summer in Nashville to survey next year's meeting

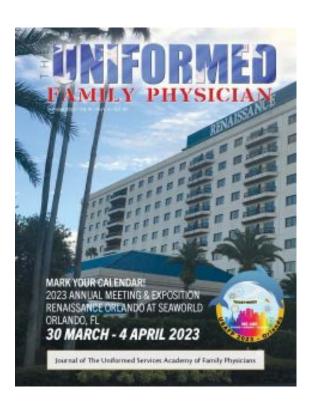
six, and the full board will most in Dallas at the AAFP mobiling. These are the times that we get segether to discuss your needs and views. So let us hear from you! My address: LTC John P. Fogury, MC, USA

Department of Family Practice Uniformed Services University Work Phone: (202) 295-3632, (AV 295-3632) Home Phone: (301) 977-7006

I am boroted to have the opportunity to serve you

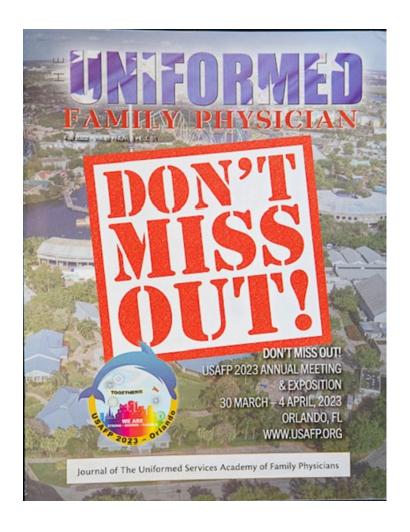
1990-91 OFFICERS

Congradations to the row officers of the USAFP: John P. Fogarty, MD. president, David Schuit, MD. president deter. Larry H. Johnson, MD. pau president, Viseo Oher, MD. vice president, and Richard Wester, MD. president president of the Property of the Pro



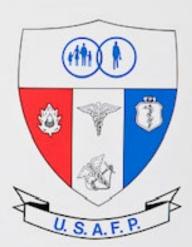
Meeting Brochures





First published 1992

A Guide to Military Family Physician Residencies



Published by the Uniformed Services Academy of Family Physicians

Residency Training 1975 vs. Today

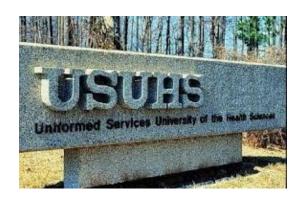
Army	Navy	Air Force
Ft. Belvoir	USNH Bremerton ***	Andrews AFB ***
Ft. Bragg	NAS Pensacola***	Eglin AFB
Ft. Benning	NAS Jacksonville	Offutt AFB
Tripler AMC	USNH Charleston ***	Travis AFB
Madigan AMC	USNH Pendleton	Scott AFB
Gordon EAMC		Carswell AFB ***
	N	
Army	Navy	Air Force
Ft. Belvoir – Tri-service	Camp Lejeune NMC ***	AIr Force Nellis AFB ***
•	-	
Ft. Belvoir – Tri-service	-	Nellis AFB ***
Ft. Belvoir – Tri-service Ft. Bragg	Camp Lejeune NMC ***	Nellis AFB *** Eglin AFB
Ft. Belvoir – Tri-service Ft. Bragg Ft. Benning (Monroe)	Camp Lejeune NMC ***	Nellis AFB *** Eglin AFB Offutt AFB
Ft. Belvoir – Tri-service Ft. Bragg Ft. Benning (Monroe) Tripler AMC	Camp Lejeune NMC *** Jacksonville NAS	Nellis AFB *** Eglin AFB Offutt AFB Travis AFB

ACGME FM Training Programs

Residents	# Programs	# Residents
2010-11	451	9764
2024-25	791	15,930

Fellows	2010	2025
Clin Informatics	?	9
Geriatrics	45	44
Hospice / PC	73	188
Sports Med	110	170
Addiction Med	45	105





- Founded 1972, First class (33) entered 1976
- DFM formed 1976 one of first med schools with a FP department
- First clerkship sites, Andrews AFB and DeWitt ACH
- Early linkage to USAFP; 1976 meeting at Ft. Benning –
 Recommended first FM Chair for USUHS Chris Marquart
- FM Chair AD physician, rotates among services
- 2008 USUHS student added to USAFP BOD
- Joint military Sports Medicine Fellowship established in 1996
- Multiple key leadership roles in USAFP by faculty since 1980 (5 Department Chairs have served as USAFP President)

USUHS and USAFP Research



- Early research expectations at annual meeting
- Clinical Investigations Committee 1986
- Jeannette South-Paul and Cindy Wilson, USUHS faculty, developed research workshops and research judge training since 1988
- "Every Doc Can Do Research Series"
- Annual USAFP Research competition / submissions
- USAFP Research Workbook
- Active collaboration with Madigan FD Fellowship
- Presentations / Workshops at annual meetings
- Healthy competition among residency programs / faculty

Third Wave of Family Medicine

- Recognized need for Faculty Development (Workshops, FT / PT Fellowships)
- Early beginning of specialization / CAQ's
- Risk of moving beyond "generalism"
- Faculty in both residency programs and medical school departments
- Influenced the community-based education in UG medical education
- Future of Family Medicine Project (2002)



FSU College of Medicine 2008-23



- Community based educational model
- Founded 2000 first new med school in 20 years
- Patient-centered care for underserved communities
- Focus on teaching medical students
- Culture of innovation
- Develop the workforce for the future
- Flexner revisited

Changes in Medical Education 1975 - Present

1975	Present
Heavily didactic curriculum; teacher centric	Modest didactic curriculum; active learning emphasized
Lots of anatomy time / cadaver lab	Just enough anatomy time / virtual
Lectures in large lecture halls	More small group activities
General educational and course objectives	Specific learning objectives, mapped to EPA's
Subjective outcomes / assessments	"Competencies" defined, measured
"See one, do one, teach one"	Standardized patients; simulation
Independence / autonomy prized	Team culture promoted / prized
Pencil / paper testing, MCQ's	Computerized testing, Observations

Changes in Medical Education 1975 - Present

1975	Present
Modest number of residency applications	Residency application inflation
Clinical faculty had considerable time to teach	Clinical faculty limited time to teach – focus on productivity
Stable Health Care System	Health care environment under great stress
Gentle accreditation	More specific standards

Old vs. New Medical School

Albany Medical College	FSU College of Medicine
Founded 1839	Founded 2000
One of the first US Medical Schools	First new medical school of the 21st Century
Expansion 1970's to address Workforce Needs	Started in 2001 to address Workforce Needs
Traditional Clinical Partners AHC's	Multiple Partners at Regional Campuses
Hospital based care For clinical rotations	Ambulatory Care Emphasis

So here we are!! What have we done? 50 Years of Excellence

- Built a robust and ready specialty in support of US critical needs for quality patient care
- Provided the care that our service members and families deserve patient-centered care
- Proved that FM is a critical peacetime and wartime specialty for America
- Provided leaders for both military and national medicine societies
- Created the next generation of FM physicians who excel in patient care, teaching, and academic leadership
- While always focused on the mission
- I shared the past YOU own the future!!

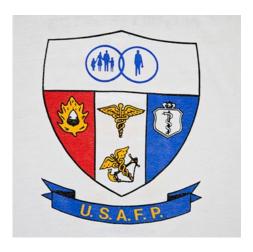
Thank you!



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Congratulations!!