## **Pre-Deployment**

Overview of deployment process for a physician Operational Preventive Medicine -P Volpe, UFP Winter 2001

## **Preparation**

- Ascertain nature of operation: combat, peacekeeping, humanitarian; initial group vs swap out; clearance level; duration, potential to extend; single, multiple locations
- Personal, family: Family Care Plan, utilities, credit cards, mail
- Legal: POA, will, trust
- Medical: BLS, ACLS, ATLS, CME UTD, Board certification UTD, credentials transfer brief, license
- Military: personnel record UTD (include your subordinates), emergency locator, SGLI
- Personal packing
  - Immediate carry: orders, CAC, passport, emergency phone list
  - Equipment: diagnostic gear, packs/satchel, minor illness meds, injury treatment
  - Information: books vs portable handbooks, CDs/USB, laptop, smartphone, laminated "cheat sheets"
  - Online forms [see References]
  - EBM, CPG: MACE
  - Service regulations: <u>AR</u>, <u>BUMED</u>, <u>AFIs/Forms</u>
  - Flying: AO, DD 2992 (up-chit), Individual Data & Training Summary from ARMS (AF)
  - Aircrew forms: <u>AFTO 781</u> | AFF 3520 Aircrew/Mission Flight Data Extract, Feb 91
  - Trades: FS wings, patches, zaps
- Medical planning
  - Site:
    - o Facilities, infrastructure (power, water, communications), new vs in place already
    - o Meds & supplies on hand, easily available, logistics chain; procedure support
    - o Medical echelon and personnel, holding surgical ambulance capability, pharmacy/lab/rad
    - o Evacuation plans: air/ground/sea; Joint Trauma System (JTS); "bug-out" plans
    - o Mortuary plans, Office of the Armed Forces Medical Examiner
  - Primary/addl duty: work in/run clinic, senior medical officer, commander's staff, evac staff
    - o Deploying as organic vs supplemental medical assets, transition into unit for non-organic physician
    - o Midlevel, technician, operator (PJ, SEAL medics, etc) medical director
    - o Joint/coalition/host nation/NGO level of interaction, humanitarian roles, AARs
    - o Clearance level, flight/special duty status, PRP, AUoF
  - Medical threats, endemic diseases, enemy threat, expected casualties [below]
  - Sources: AFMIC (open and secret), Travax, CDC, WHO
  - Air Force Medical Expeditionary Systems
- Medical preparation
  - Services IMR (Individual Medical Readiness) program
  - Medical records: you, your medical team, your unit; screen and review, copy of summary
    - o Deployment Prescription Program
  - Medications; adequate supple for duration of deployment
  - Immunizations/chemoprophylaxis of you and troops
    - o Vaccine Recommendations by AOR
    - AR 40–562 / BUMEDINST 6230.15B / AFI 48–110\_IP / CG COMDTINST M6230.4G
      Immunizations and Chemoprophylaxis for the Prevention of Infectious Diseases 07 Oct 2013 current 16 Feb 2018
    - o ACIP Vaccine Recommendations and Guidelines
  - Pre-Deployment Health Assessment required within 120 days of deployment
    - o DD Form 2795 Pre-Deployment Health Assessment, Oct 15
    - o AFI 48-122 Deployment Health

- Theater specific guidelines
  - o MOD 13 to USCENTCOM Individual Protection and Individual-Unit Deployment Policy
  - o Medical Disqualifiers and Minimal Standards of Fitness: PPG-TAB A
  - o <u>USARCENT Surgeon Medical Deployment Handbook</u> (also clear, thorough general prep overview)
  - o <u>USAFCENT/SG Medical</u> Waiver Guide
  - o AFSOUTH/SG Medical Waiver Guide

## **Military Medical Policy**

JP 4-02 Joint Health Services

<u>Psychological Health Center of Excellence</u> (formerly Deployment Health Clinical Center) Military OneSource

Army

FM 4-02 (ATTP 4-02) Army Health System

Navy

Air Force

AFI 10-403 Deployment Planning and Execution, 5 Aug 05

AFI 10-404 Base Support and Expeditionary Site Planning, 09 Mar 04

AFTTPs on e-publishing

## **Medical Planning and Intel**

Library of Congress Country Studies

CIA World Factbook

**DoS Background Notes** 

DoS Office of American Citizens Services and Crisis Management (ACS) Consular Information Program

National Center for Medical Intelligence (formerly AFMIC) (requires CAC)

USAF Flight Surgeon's Guide, Deployment Operations, chapter 22

The SGP Tactic Guide, chapter 13 (AF)

US Naval Flight Surgeon's Manual, 3rd ed, 1991