

# ***Demystifying the Construction of your Scholarly Effort***

## **Activity #1: Developing your research question**

Consider the following steps to help you develop and refine your research question:

Motivation for *your* research idea – apply the 3 Ps:

1. Patient/population
2. Problem
3. Process

**Write your passions into an idea:**

Apply the PICOS model to your idea to formulate a question:

1. Patient/Population
2. Intervention
3. Comparison
4. Outcome
5. Study design

**Write your research question from your idea:**

Apply FINER criteria to refine your question to ensure a doable project:

1. **Feasible?** Can you complete the study with available resources?
2. **Interest?** Is it interesting to you and others and publishable?
3. **Novel?** Does it provide new data or confirm or extend prior findings into a new area?
4. **Ethical?** Is the risk reasonable?
5. **Relevant?** Will it effect change on theory, practice, patient care, or policy?

**Write your hypothesis:** What do you expect to find?

**Activity #2: Developing your Doable Study**

**What are your research enablers?**

**Outline the study design that will work for your project (be specific)?**